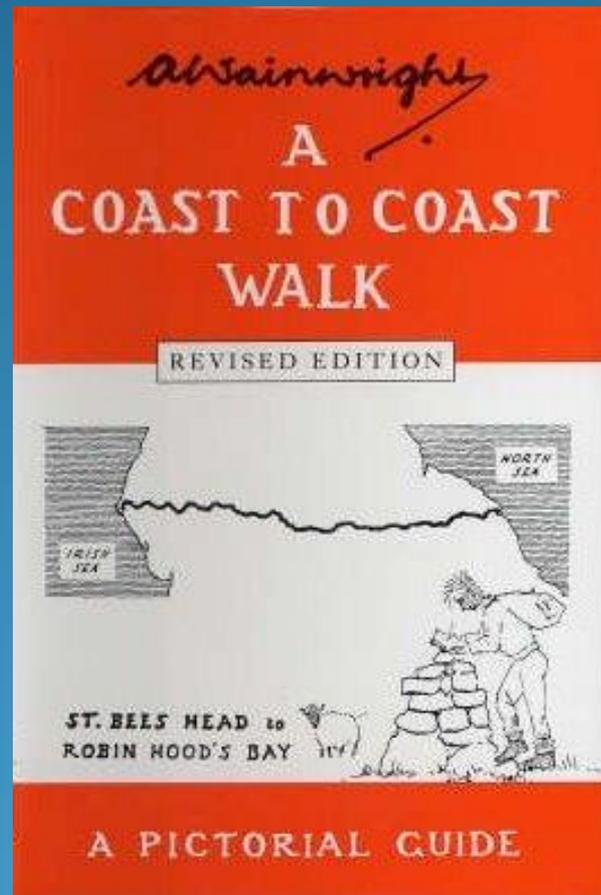


A Walk Across England



June 2008
www.clivecatton.co.uk

The Challenge

- Start at St Bees in Cumbria
- Walk 190 miles...
- ... in 12 days
- Finish at Robin Hood's Bay North Yorkshire
- ... and enjoy it



AW Wainwright's – A Coast to Coast Walk

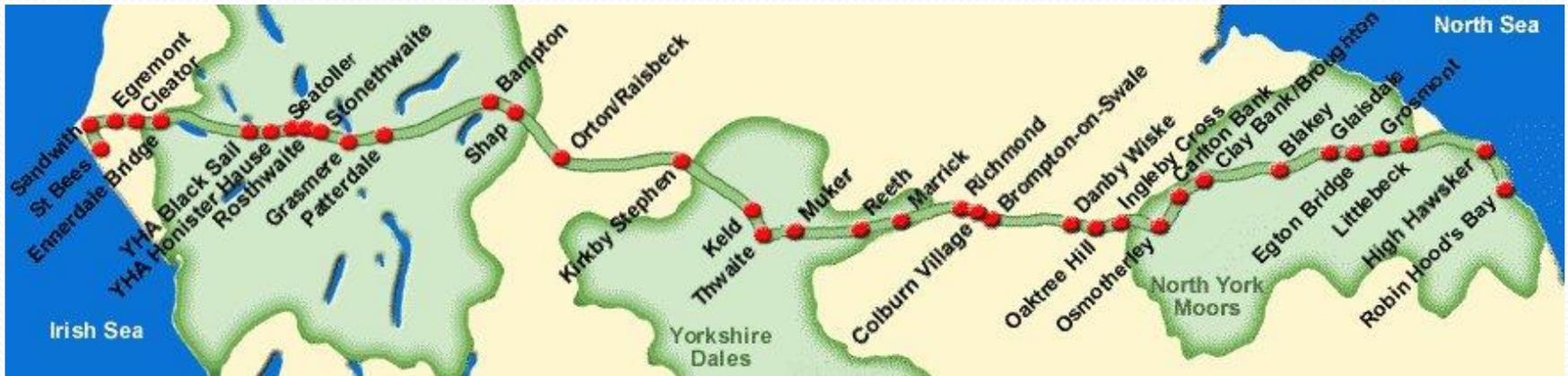
The Team



The Practice and the Planning



The Route



Wainwright's idea was not for a set walk but for each person to be inspired to find their own route across the country

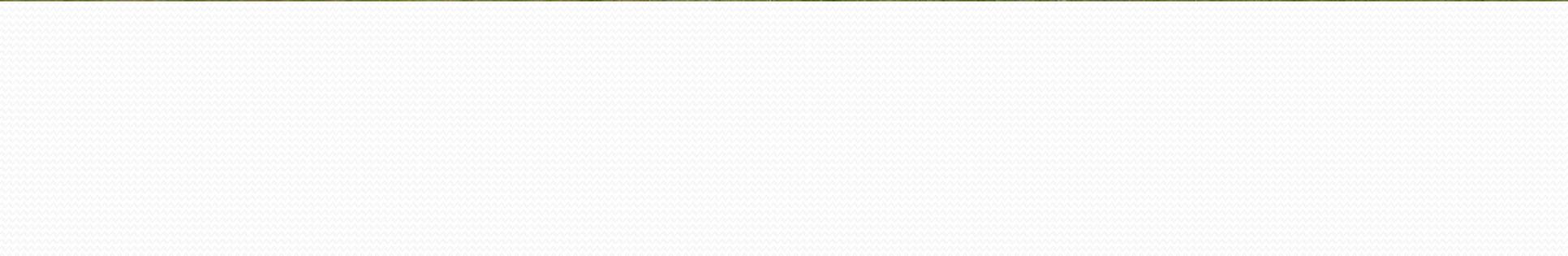
The Irish Sea



St Bees to Ennerdale Bridge







Walking Bag and Bits



Ennerdale Bridge to Rosthwaite









Visiting the Slate Mine!



Rosthwaite to Patterdale



On the way up Helvellyn





Patterdale to Shap



Patterdale and Helvellyn

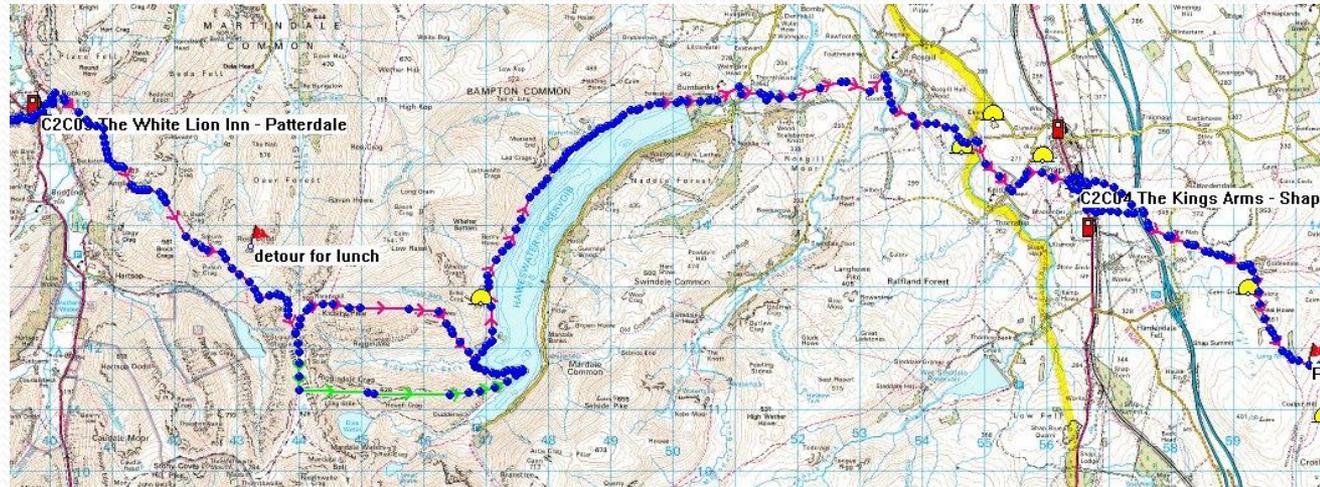








Memory Map and GPS



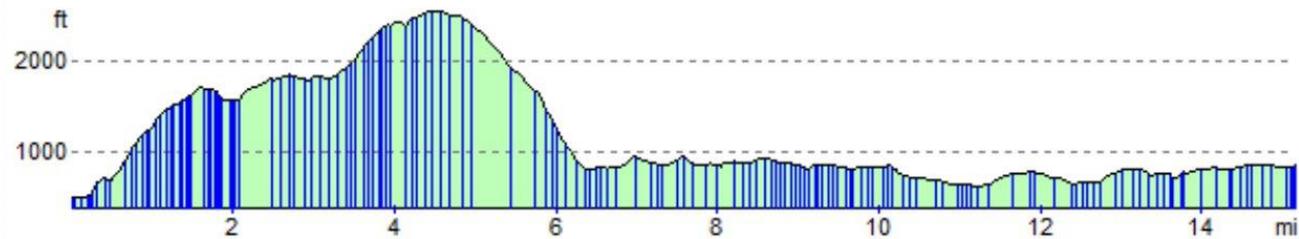
Route: C2C04 Day 4

Summary

Route Distance: 15.2 Mi
Total Ascent: 3539 ft

Estimated Time: 8:23
Total Descent: 3177 ft

Elevation Profile



Shap to Kirkby Stephen



Kirkby Stephen to Tann Hill



Nine Standards Rigg



Blown Away



Tann Hill to Reeth



Swale Dale





Reeth to Richmond



Richmond



Richmond to Ingleby Cross





Ingleby Cross to Chop Gate



Chop Gate to Glaisdale





Glaisdale to Robin Hood's Bay





Grosmont



The North Sea



Robin Hood's Bay



The North Sea



Things we did not see...



THE END

COAST TO COAST WALK

ALTITUDES

(Vertical Scale Greatly Exaggerated)

The Highest point reached is Kidsty Pike, 2560' (between Patterdale and Shap)



ST BEES TO ROBIN HOODS BAY

192 MILES

We took a detour over Helvellyn - our highest point 950m / 3,118ft