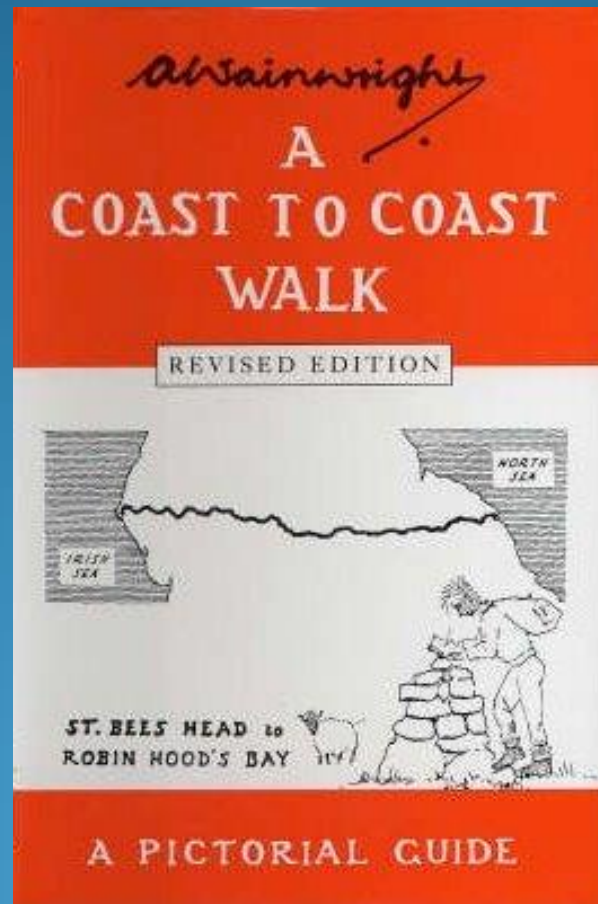


# A Walk Across England



June 2008  
[www.clivecatton.co.uk](http://www.clivecatton.co.uk)

# The Challenge

- Start at St Bees in Cumbria
- Walk 190 miles...
- ... in 12 days
- Finish at Robin Hood's Bay North Yorkshire
- ... and enjoy it



*AW Wainwright's – A Coast to Coast Walk*

# The Team



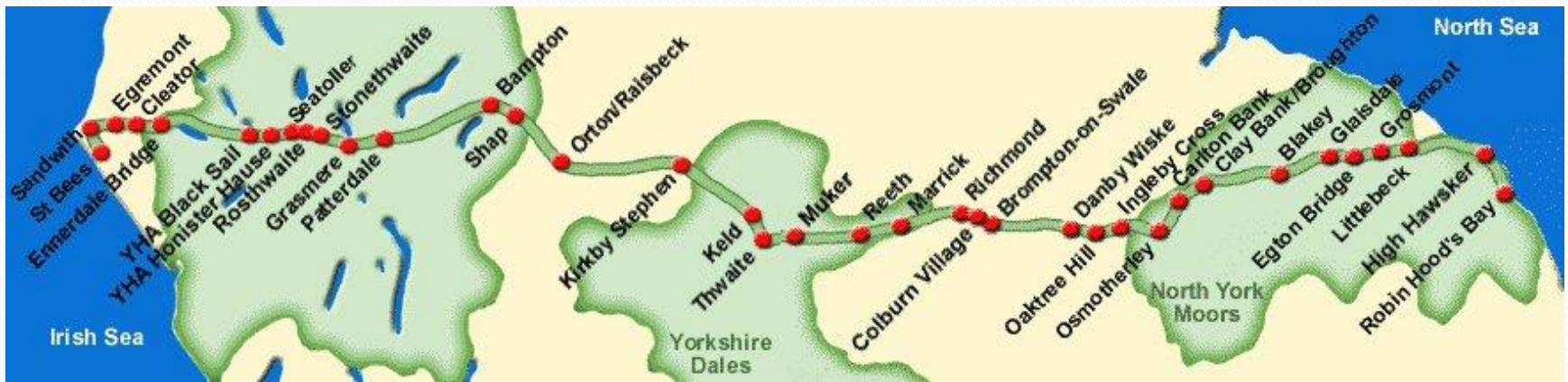


# The Practice and the Planning





# The Route



*Wainwright's idea was not for a set walk but for each person to be inspired to find their own route across the country*

# The Irish Sea

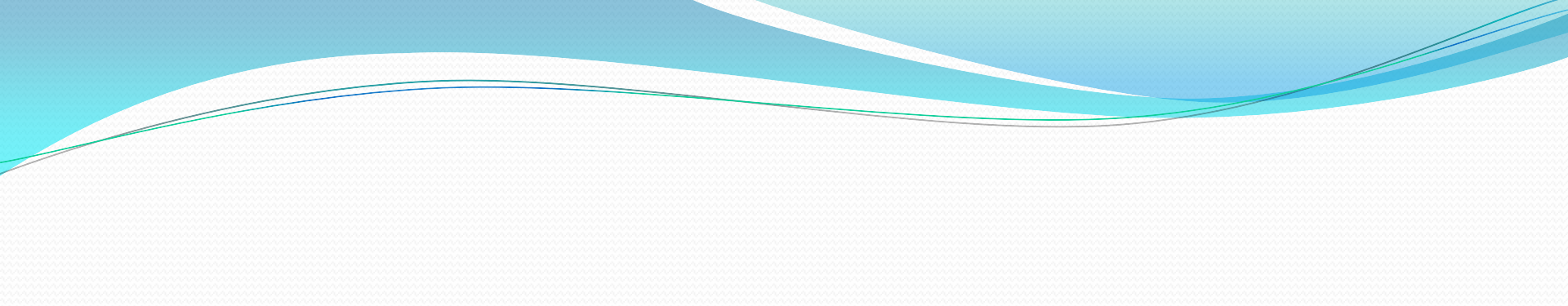


# St Bees to Ennerdale Bridge











# Walking Bag and Bits





# Ennerdale Bridge to Rosthwaite













# Visiting the Slate Mine!





# Rosthwaite to Patterdale





# On the way up Helvellyn







# Patterdale to Shap



# Patterdale and Helvellyn









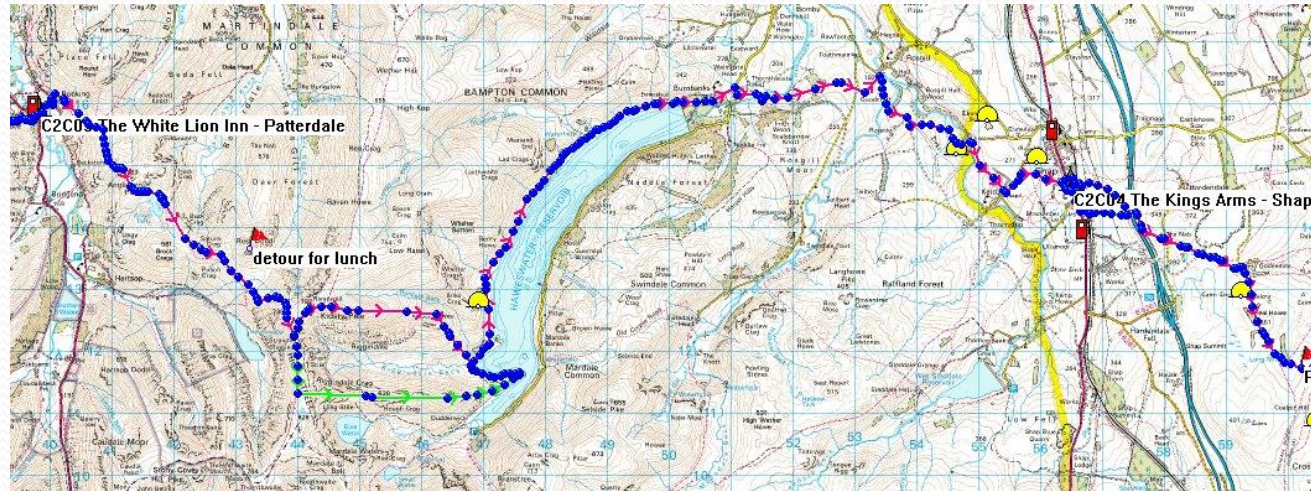








# Memory Map and GPS



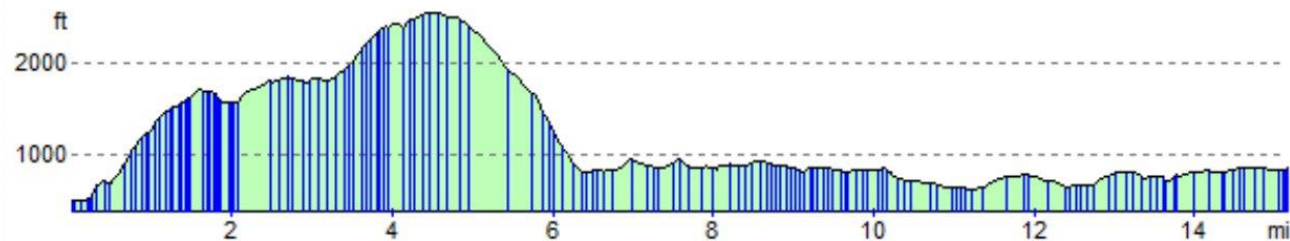
## Route: C2C04 Day 4

### Summary

Route Distance: 15.2 Mi  
Total Ascent: 3539 ft

Estimated Time: 8:23  
Total Descent: 3177 ft

### Elevation Profile





# Shap to Kirkby Stephen



# Kirkby Stephen to Tann Hill





# Nine Standards Rigg



# Blown Away





[illegible]

# Tann Hill to Reeth





# Swale Dale









# Reeth to Richmond



# Richmond





# Richmond to Ingleby Cross







# Ingleby Cross to Chop Gate



# Chop Gate to Glaisdale







# Glaisdale to Robin Hood's Bay









# Grosmont





# The North Sea



# Robin Hood's Bay





# The North Sea



# Things we did not see...





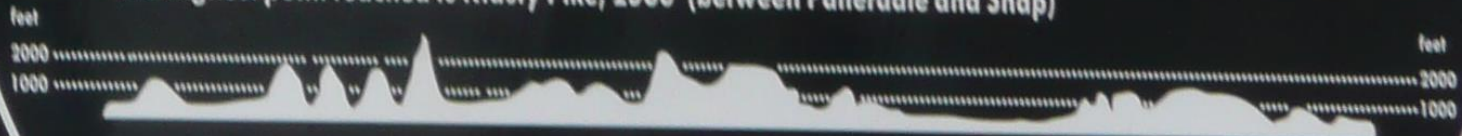
# THE END

## COAST TO COAST WALK

### ALTITUDES

(Vertical Scale Greatly Exaggerated)

The Highest point reached is Kidsty Pike, 2560' (between Patterdale and Shap)



## ST BEES TO ROBIN HOODS BAY

# 192 MILES

We took a detour over Helvellyn - our highest point 950m / 3,118ft