



October 2011
www.clivecatton.co.uk

The Challenge

- Start at Milngavie on the outskirts of Glasgow
- Walk 100 miles...
- ... in a week
- Finish at Fort William
- ... and enjoy it

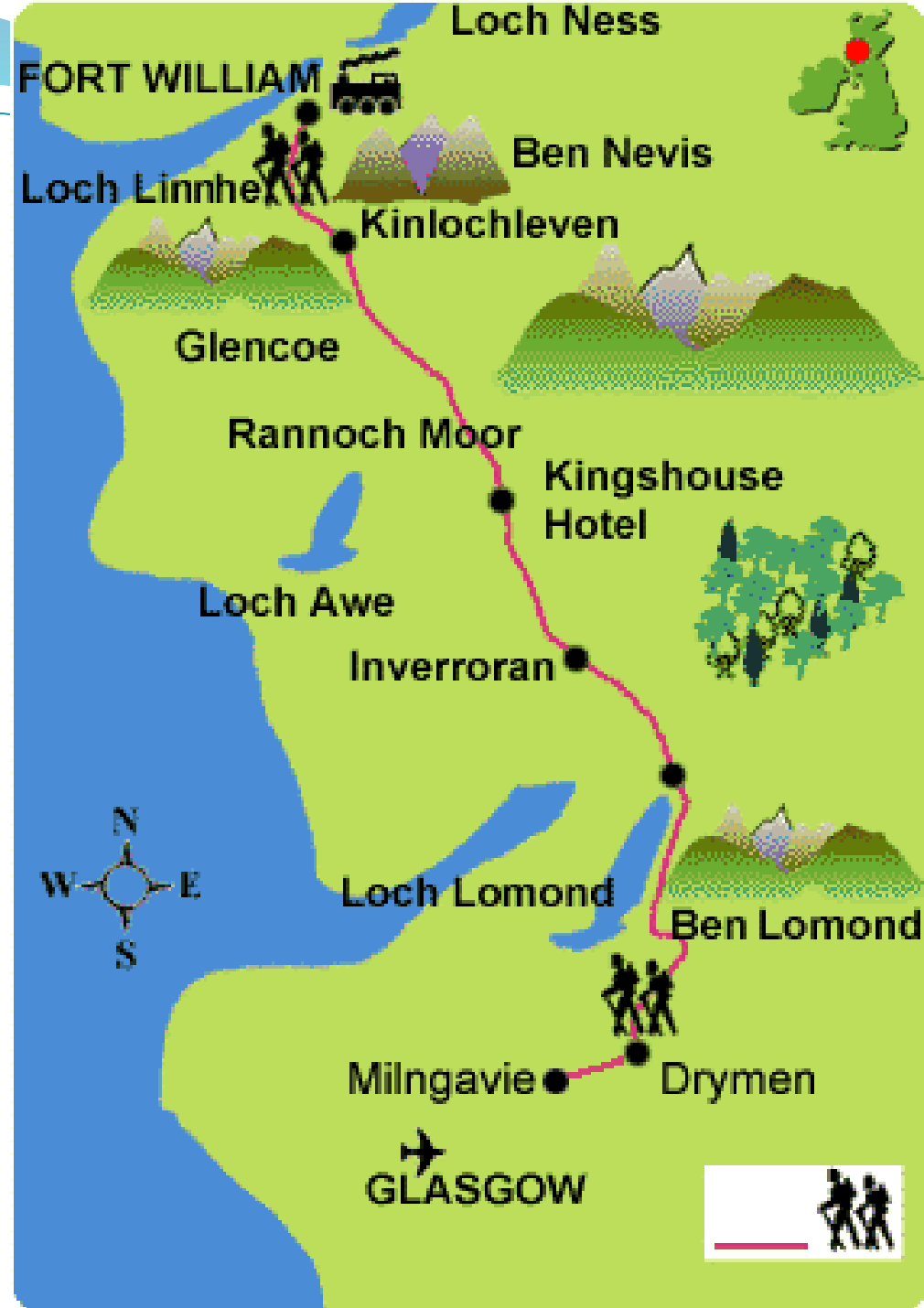


The Practice and the Planning



The Route

- Glasgow to Drymen
- Drymen to Sallochy Bay
- Sallochy Bay to Inversnaid
- Inversnaid to Crainlarich
- Crainlarich to Bridge of Orchy
- Bridge of Orchy to Kinlochlen
- Kinlochlen to Fort William



The First Day





Getting to the Start



Glasgow



The Start - Milngavie

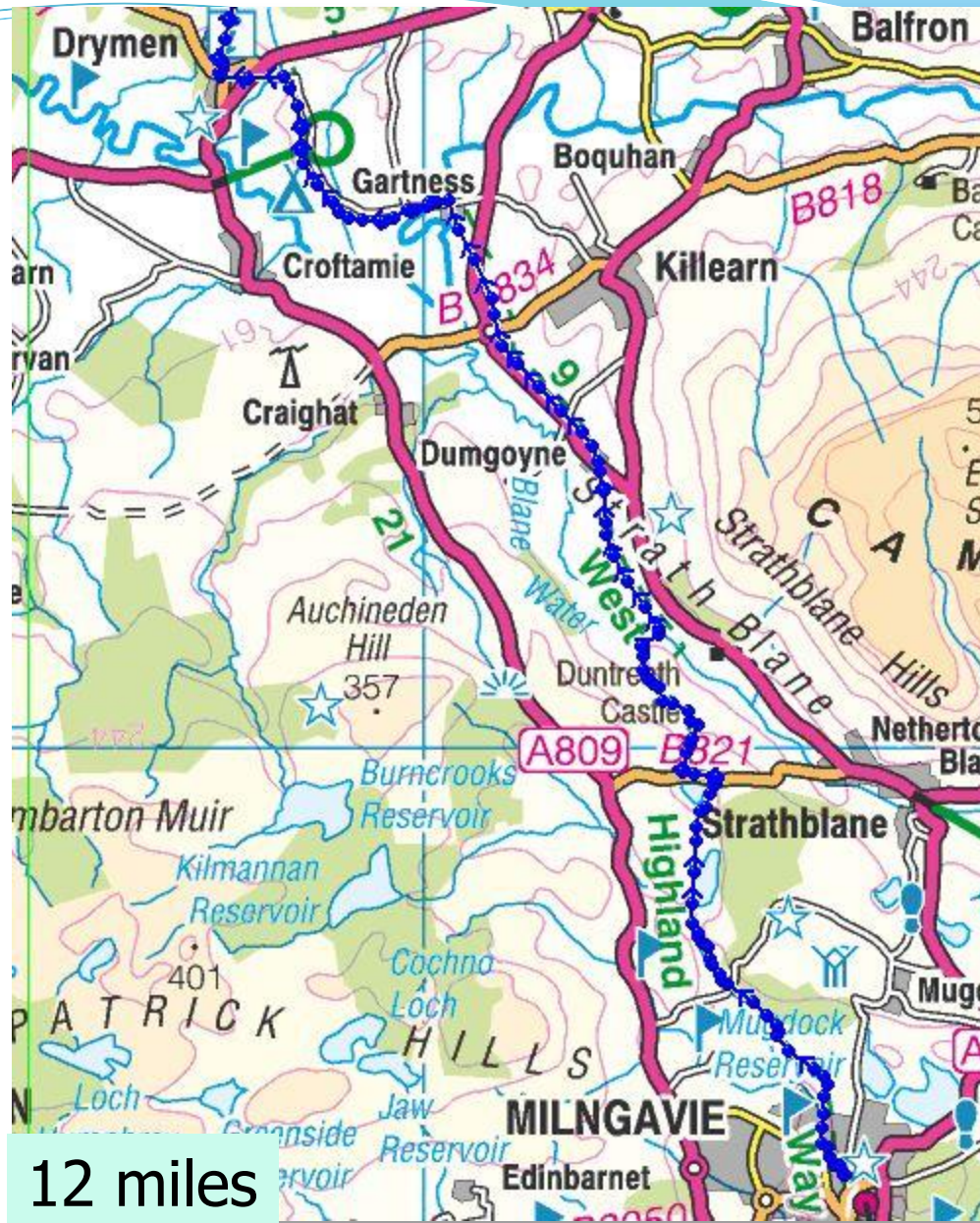


Just a bit of rain



Glasgow to Drymen





12 miles



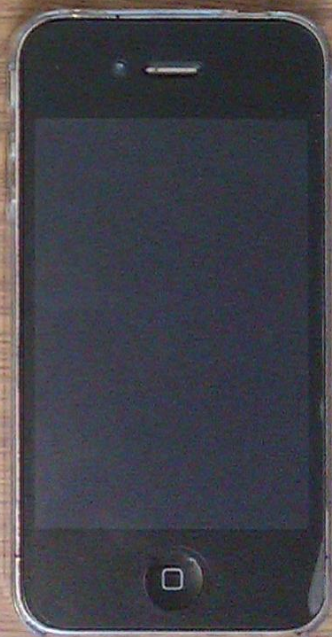


Walking Bag and Bits



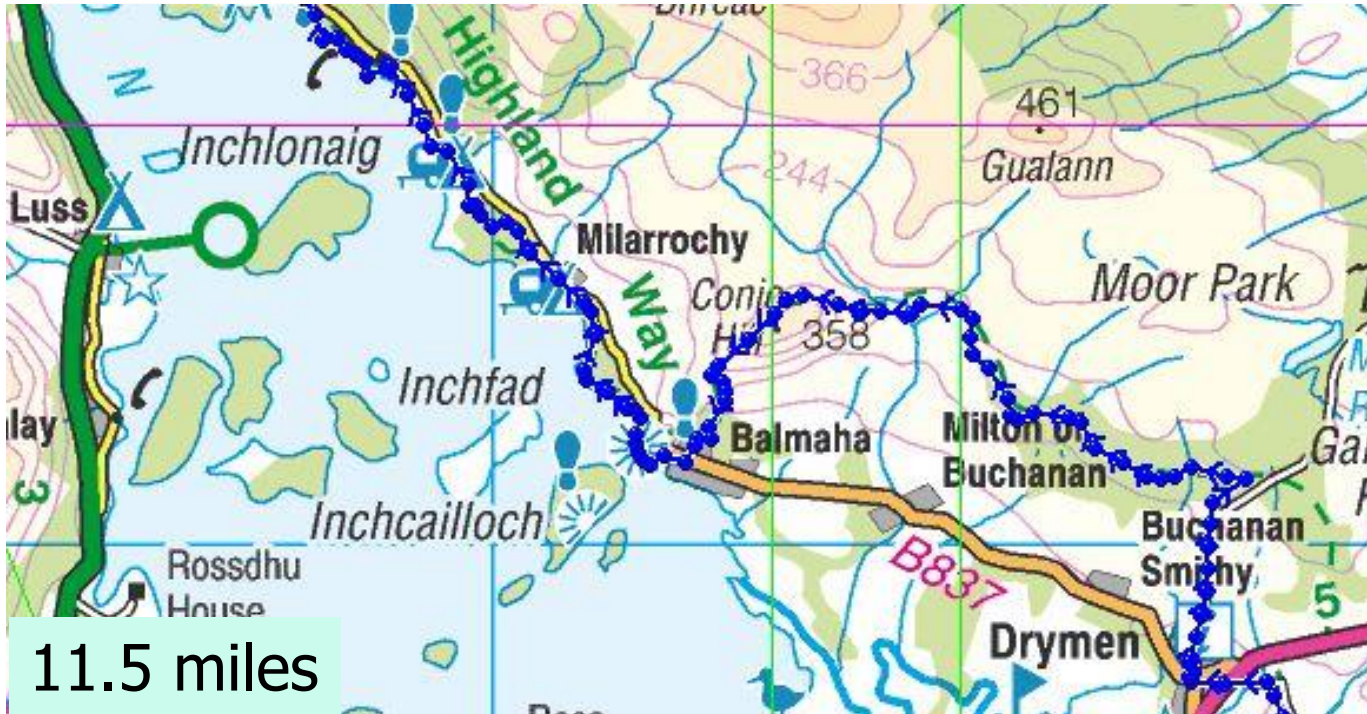
Stuff you need

- Suitable footwear
- Suitable clothing
- Waterproof Jacket
- Map and compass (GPS)
- Suitable food and drink
– plus water and sweets
- Sit mat
- Personal medicine,
glasses, sun block
- Lightweight backpack
- First Aid Kit with
scissors and safety pins
- Torch, whistle, hat, space
blanket & mobile phone



Drymen to Sallochy Bay















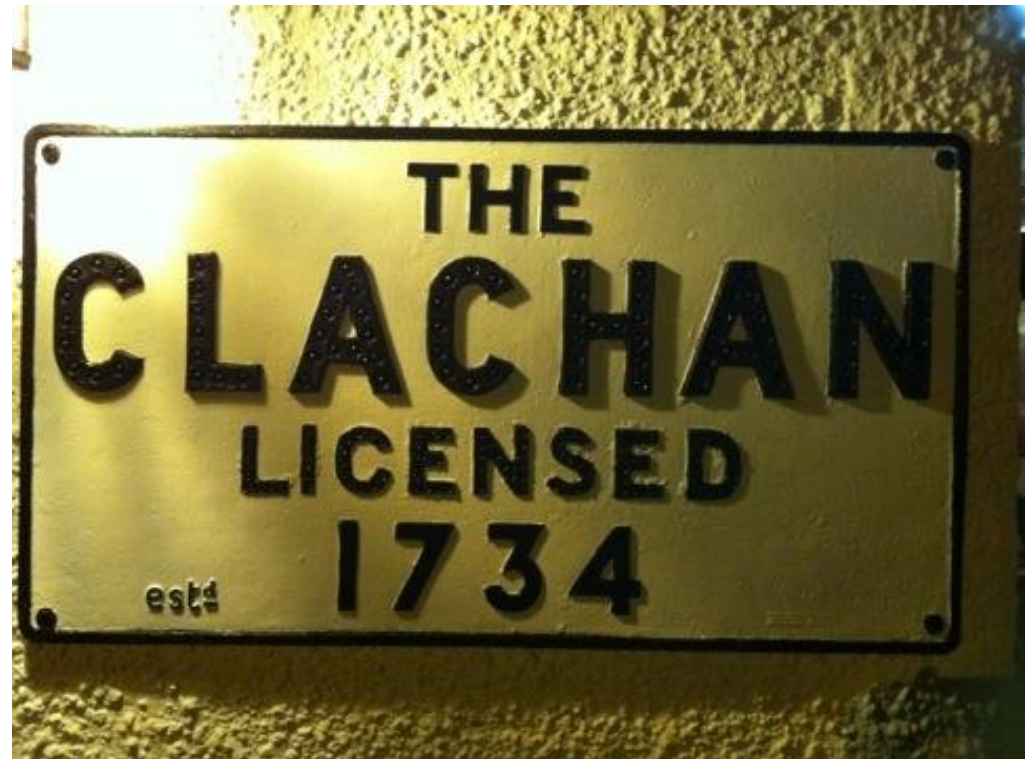








...and back to Drymen



The Clachan



Salloch Bay to Inversnaid









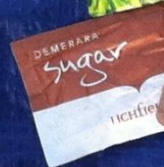
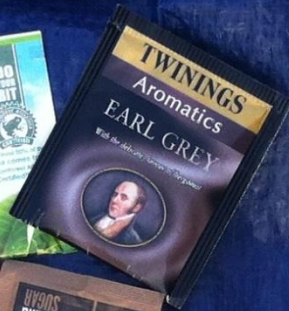














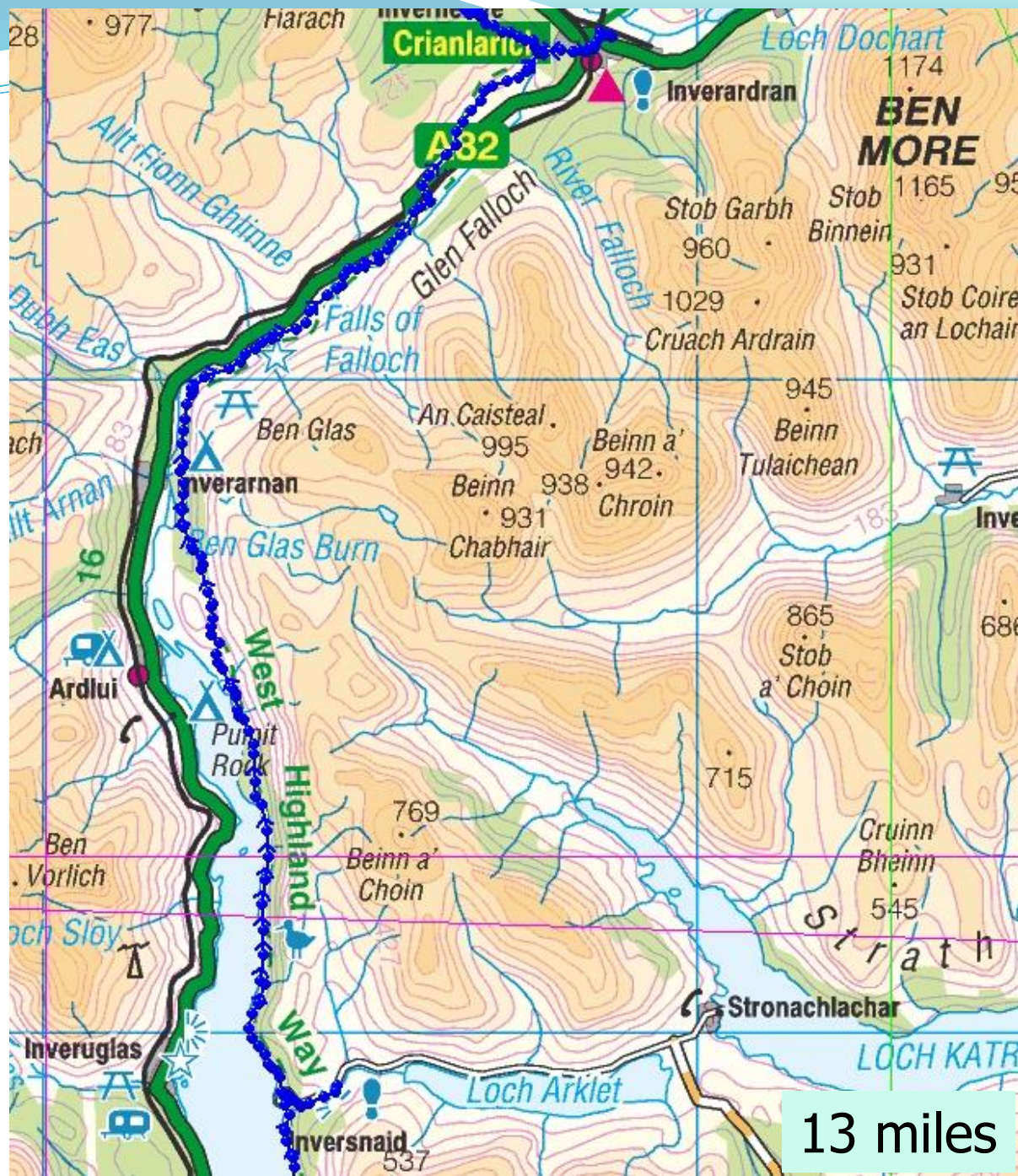


Inversnaid Bunkhouse



Inversnaid to Crainlarich





13 miles









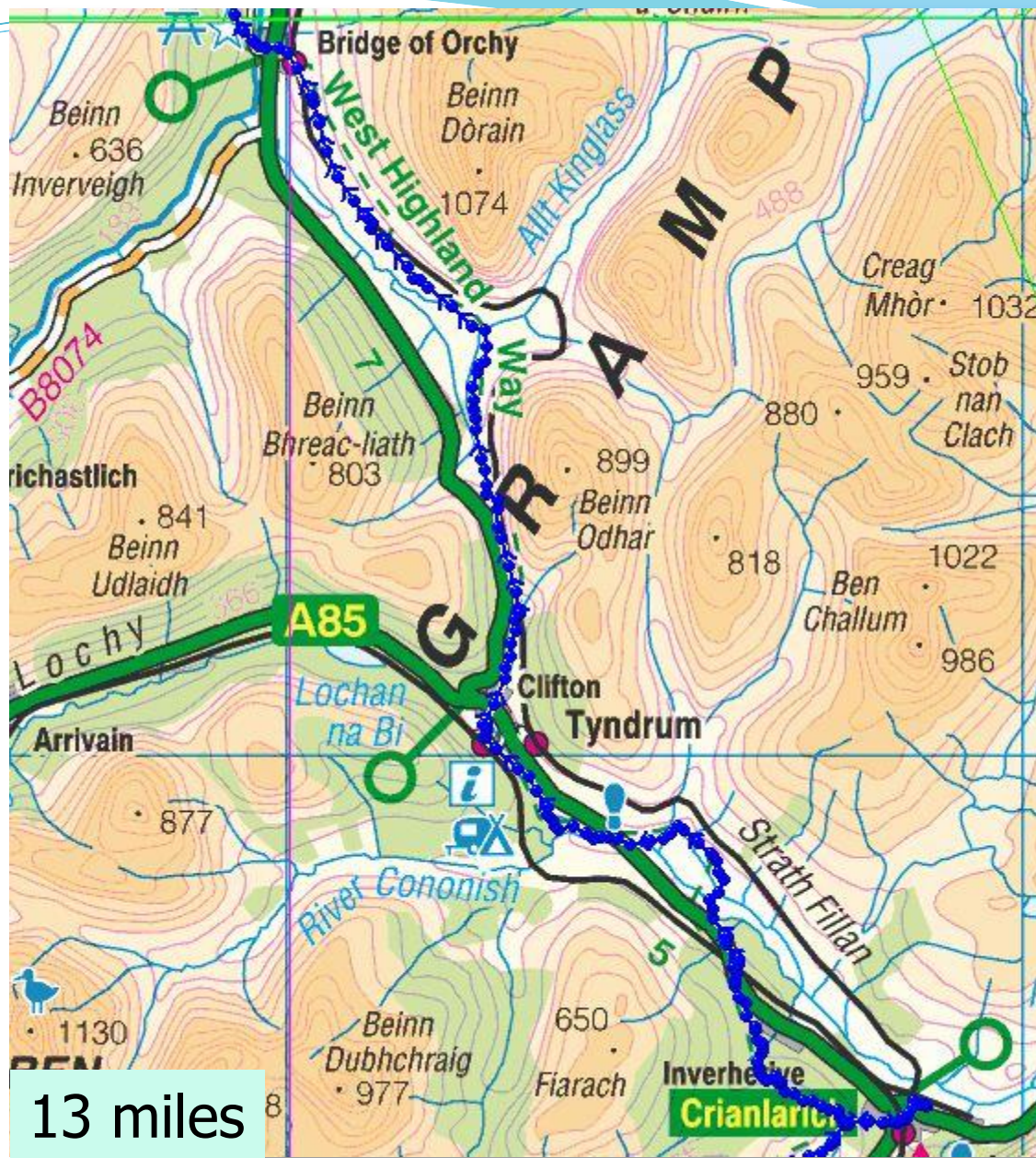






Crainlarich to Bridge of Orchy














A photograph of a metal gate in a grassy field. The gate is made of dark metal bars forming a rectangular frame with diagonal cross-bracing. A white rectangular sign is attached to the center of the gate. The sign has the text "PLEASE CLOSE" on the top line and "GATE" on the bottom line. The gate is set in a field of tall, dry grass and some green plants. In the background, there is a line of trees and a hillside.

PLEASE CLOSE
GATE

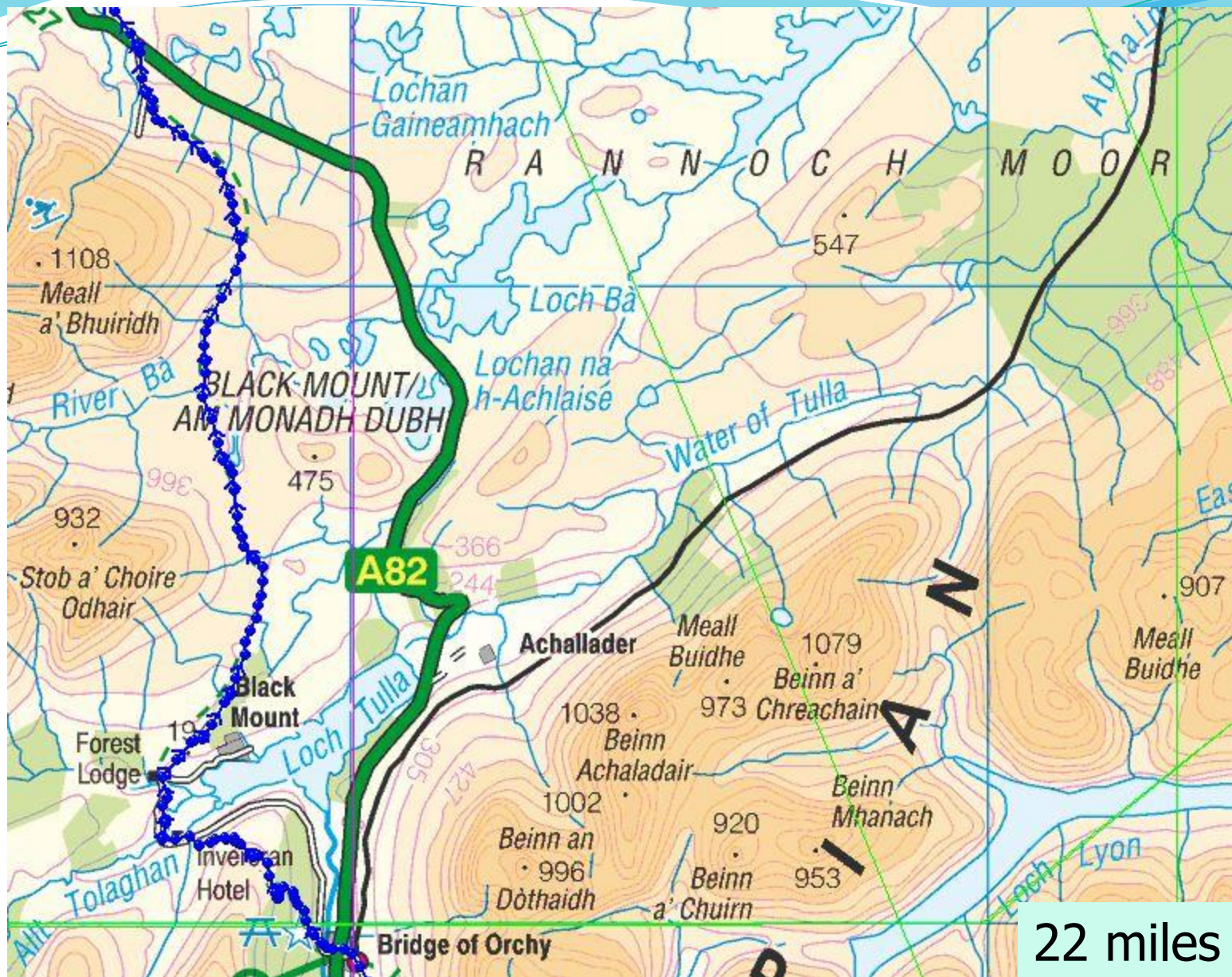


Bridge of Orchy Hotel



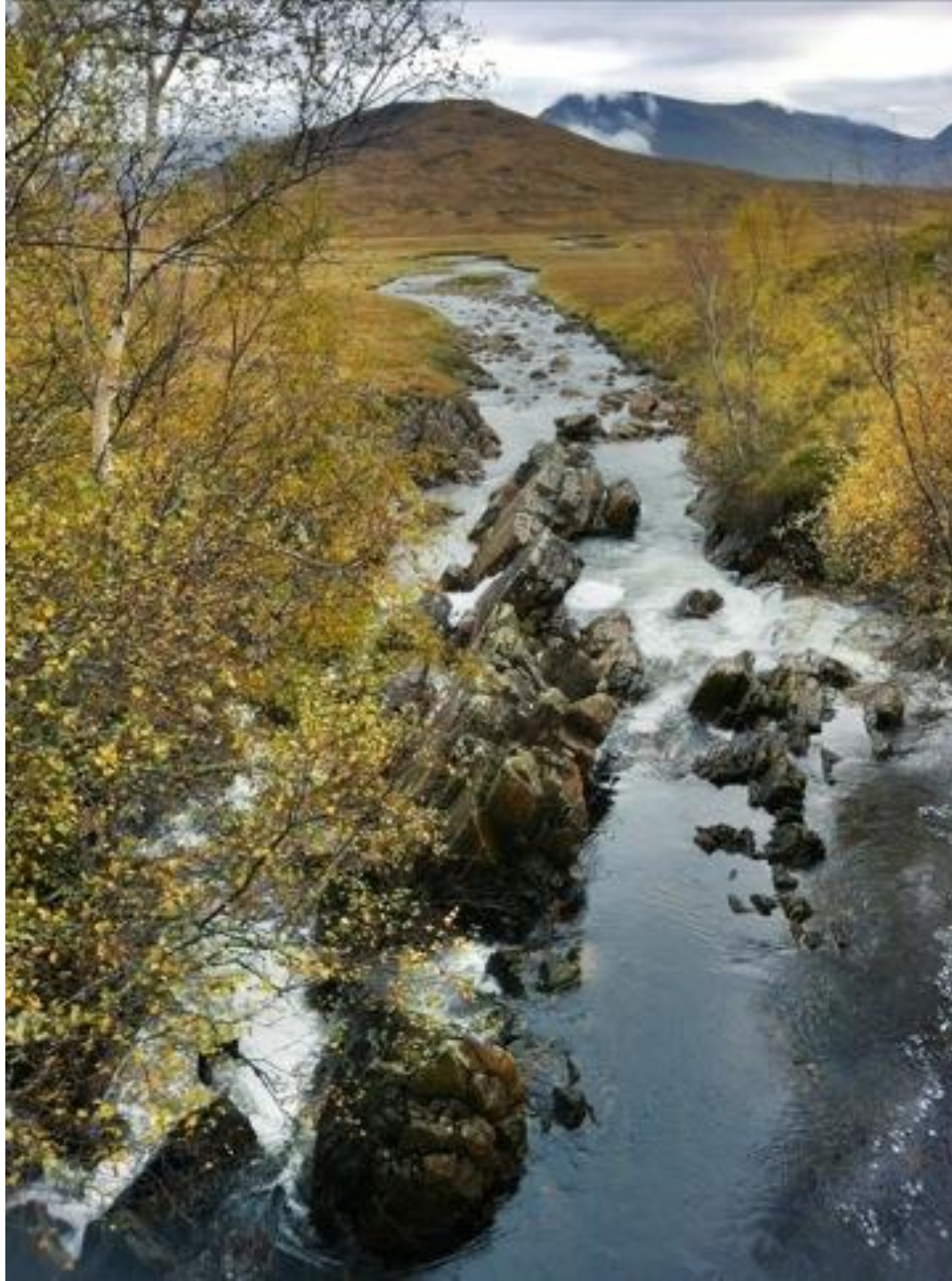
Bridge of Orchy to Kinlochlen





22 miles





Rannoch Moor





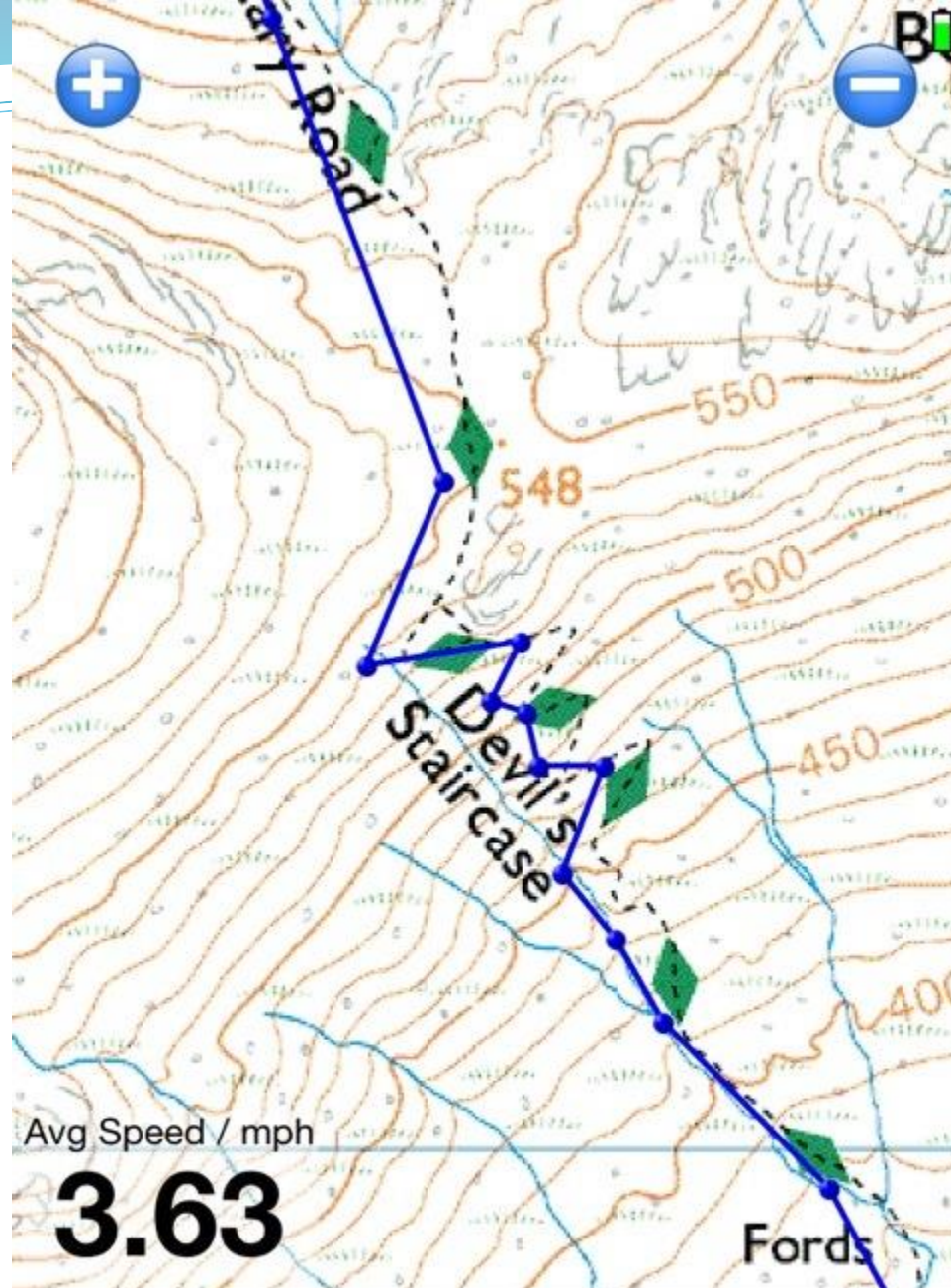


Glencoe



Glencoe







Kinlochlen to Fort William



















Ben Nevis









CONGRATULATIONS FROM THE BEN NEVIS WOOLLEN MILL.
 WALK INSIDE TO COLLECT YOUR
FREE CERTIFICATE

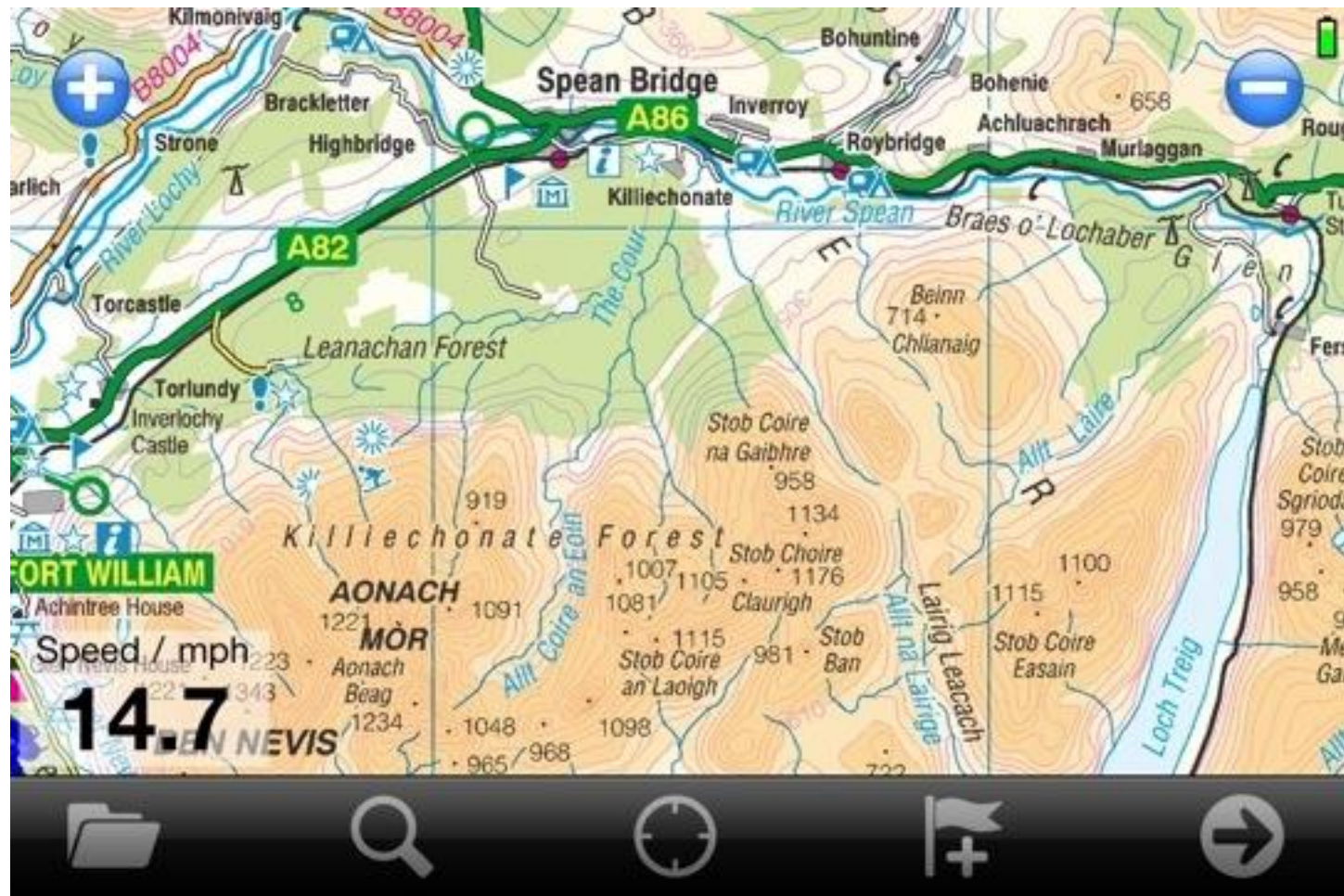
The Finish







Fort William to Glasgow







Corroun
Coire Odhar





Position
NN 35624 66413

GPS Accuracy
16.4 ft

Altitude / ft
1373

Time
12:29

Compass / °T

Navigation icons: back, home, settings, search, help





Rannoch
Raineach





The path from the train...





